

| .p. y lmi i nazwisko | | Ur. Nr PZ | Klub | Czas | trata |
|----------------------|--------------------------|-----------|---------------------|--------|-------|
| M21 (6) | | | 3,4 km 17 PK | | |
| 1 | Radosław CYRA | 00 | 11WOG 11WO | 40:10 | 0:00 |
| 2 | Michał KOPANIA | 99 | 6WOG 6WOG | 62:37 | 22:27 |
| 3 | Paweł KAWKA | 94 | 1krr 1krr | 71:16 | 31:06 |
| 4 | Patryk WAŁKOWSKI | 01 | 18WOG 18WO | 81:51 | 41:41 |
| | Michał Kołodziejczyk | | 1RBLog 1RBL0 | nkl | |
| | Kacper ZOZULA | 00 | 1RBLog 1RBL0 | nkl | |
| M35 (5) | | | 3,2 km 17 PK | | |
| 1 | Maciej WORYTKO | 00 | 11WOG 11WO | 37:05 | 0:00 |
| 2 | Szymon DORO Y SKI | 92 | 14WOG 14WO | 38:24 | +1:19 |
| 3 | Paweł KOTKIEWICZ | 91 | 12WOG 12WO | 41:22 | +4:17 |
| 4 | Marek HERRMANN | 89 | 1krr 1krr | 44:05 | +7:00 |
| 5 | Damian NOWAK | 89 | 6WOG 6WOG | 51:17 | 14:12 |
| M40 (4) | | | 3,2 km 17 PK | | |
| 1 | Radosław RUMIANOWSKI | 84 | 12WOG 12WO | 34:11 | 0:00 |
| 2 | Maksymilian BULAK | 00 | 11WOG 11WO | 47:08 | 12:57 |
| 3 | Sławomir KUCHARSKI | 83 | 1krr 1krr | 91:49 | 57:38 |
| | Artur BOBROWICZ | 00 | 1RBLog 1RBL0 | nkl | |
| M45 (7) | | | 3,1 km 16 PK | | |
| 1 | Rafał KAMIENIECKI | 79 | 6WOG 6WOG | 42:33 | 0:00 |
| 2 | Rafał ŁOPUSZY SKI | 77 | 12WOG 12WO | 46:07 | +3:34 |
| 3 | Radosław ORZOŁ | 80 | 18WOG 18WO | 66:54 | 24:21 |
| 4 | Piotr SARNOWSKI | 81 | 1krr 1krr | 80:39 | 38:06 |
| 5 | Piotr D BSKI | 00 | 11WOG 11WO | 83:42 | 41:09 |
| 6 | Tomasz TURBAK | 79 | 14WOG 14WO | 111:38 | 69:05 |
| | Łukasz CISZEK | 80 | 13WOG 13WO | nkl | |
| K21 (11) | | | 2,7 km 15 PK | | |
| 1 | Emilia CHMIEL | 00 | WTM WTM | 37:46 | 0:00 |
| 2 | Martyna GOŁ BIEWSKA | 95 | 18WOG 18WO | 43:34 | +5:48 |
| 3 | Dominika OLEJNICZAK | 00 | 1RBLog 1RBL0 | 43:51 | +6:05 |
| 4 | Beata ADAMCZEWSKA | 01 | 14WOG 14WO | 53:28 | 15:42 |
| 5 | Agata JAWOREK | 00 | 1RBLog 1RBL0 | 56:24 | 18:38 |
| 6 | Marcelina MIELCARKA | 97 | 13WOG 13WO | 57:06 | 19:20 |
| 7 | Katarzyna SOBCZAK | 98 | 6WOG 6WOG | 58:28 | 20:42 |
| 8 | Magdalena RUMI SKA | 77 | 12WOG 12WO | 67:14 | 29:28 |
| 9 | Aleksandra SCHULZ | 02 | 1krr 1krr | 70:21 | 32:35 |
| 10 | Emilia SIELATYCKA | 03 | 14WOG 14WO | 79:25 | 41:39 |
| 11 | Kamila JANUSZEWSKA | 00 | 11WOG 11WO | 91:27 | 53:41 |
| K35 (10) | | | 2,5 km 15 PK | | |
| 1 | Katarzyna MIAZGA | 00 | 11WOG 11WO | 35:11 | 0:00 |
| 2 | Daria SZCZ SNA | 00 | 1RBLog 1RBL0 | 43:54 | +8:43 |
| 3 | Barbara DETTLAFF-CIROCKA | 85 | 18WOG 18WO | 45:18 | 10:07 |
| 4 | Anna W GRZYNOWSKA | 90 | 13WOG 13WO | 48:54 | 13:43 |
| 5 | Agnieszka FLEJTERSKA | 91 | 1krr 1krr | 51:26 | 16:15 |

| .p. | y lmi i nazwisko | Ur. | Nr PZ | Klub | Czas | trata | |
|-----------------|------------------------|-----|-------|-----------------|---------------|--------------|--------|
| K35 (10) | | | | | 2,5 km | 15 PK | (c.d.) |
| 6 | Katarzyna ATALSKA | 90 | | 6WOG 6WOG | 60:40 | 25:29 | |
| 7 | Marta JAWORSKA | 84 | | 14WOG 14WO | 63:33 | 28:22 | |
| 8 | Urszula MAKUCH-DOBOSZ | 74 | | 12WOG 12WO | 63:44 | 28:33 | |
| 9 | Marta DERYLAK | 00 | | WTM WTM | 76:13 | 41:02 | |
| | Małgorzata PLACEK | 00 | PK | 1RBLog 1RBL0 | nkl | | |
| M21B (3) | | | | | 3,4 km | 17 PK | |
| 1 | Grzegorz PARTYKA | 96 | | CSLog Grudzi | 34:58 | 0:00 | |
| 2 | Oskar BRANDT | 03 | | CSLog Grudzi | 82:07 | 47:09 | |
| 3 | Miłosz CYTAWA | 00 | | CSLog Grudzi | 88:07 | 53:09 | |
| M40B (2) | | | | | 3,2 km | 17 PK | |
| 1 | Piotr FROM | 83 | | CSLog Grudzi | 20:07 | 0:00 | |
| 2 | Maciej CHRO CI SKI | 85 | | 2 RBLog 2 RBL | 35:45 | 15:38 | |
| M45B (7) | | | | | 3,1 km | 16 PK | |
| 1 | Bogdan RYCERSKI | 71 | | bdow IWSpSZ | 28:26 | 0:00 | |
| 2 | Leszek Dawidziuk | | | 2 RBLog 2 RBL | 41:22 | 12:56 | |
| 3 | TOMASZ Stryjak | | | bdow IWSpSZ | 42:50 | 14:24 | |
| 4 | Szymon PLASKATY | 80 | | bdow IWSpSZ | 47:25 | 18:59 | |
| 5 | Szymon ŁAKOMY | 77 | | CSLog Grudzi | 48:03 | 19:37 | |
| 6 | Piotr OZGA | 74 | | CSLog Grudzi | 50:52 | 22:26 | |
| 7 | Cezary GUTOWSKI | 79 | | 2 RBLog 2 RBL | 64:13 | 35:47 | |
| K21B (2) | | | | | 2,7 km | 15 PK | |
| 1 | Oliwia DZIANKOWSKA | 99 | | bdow IWSpSZ | 38:14 | 0:00 | |
| 2 | Oliwia RUSO | 94 | | CSLog Grudzi | 64:14 | 26:00 | |
| K35B (5) | | | | | 2,5 km | 15 PK | |
| 1 | Katarzyna Dybka | | | 10 Blog 10 Blog | 23:09 | 0:00 | |
| 2 | Magdalena WAWRZYNIAK | 89 | | 10 Blog 10 Blog | 29:56 | +6:47 | |
| 3 | Olga KALENDAROWA-OCHAL | 85 | | bdow IWSpSZ | 41:26 | 18:17 | |
| 4 | Marta SICIAREK | 90 | | CSLog Grudzi | 75:15 | 52:06 | |
| 5 | Anna Sobczak | | | CSLog Grudzia | 105:23 | 82:14 | |